

# Sun protection at Glenelg Primary School

This school policy is implemented in line with the Department for Education's <u>Sun protection in schools and early childhood eduction services policy</u>, which applies to all government schools. This document provides direction to students, staff, and families about managing personal devices that students choose to bring to school.

## Using sun protection

The school uses a combination of sun protection measures for all outdoor activities on and off site during terms 1, 3 and 4 and whenever ultra violet (UV) radiation levels reach 3 or above including:

### Clothing

Sun protective clothing is included in the school uniform/dress code and sports uniform. The clothing is cool, loose fitting and made of closely woven fabric. It includes shirts with collars and elbow length sleeves, longer style dresses and shorts and rash tops or t-shirts for outdoor swimming.

#### Sunscreen

Students with sensitive skin or allergies must provide their own SPF 30 or higher broad spectrum, water-resistant sunscreen. The school supplies generic SPF 30 or higher broad spectrum, water-resistant sunscreen for staff and students, available in all student classrooms.

Strategies are in place to remind students to apply sunscreen before going outdoors:

- Student reminders in classroom routines
- UV level widget on the Daily SENTRAL Notices

Families with children who have naturally very dark skin are encouraged to discuss their vitamin D requirements with their GP or paediatrician.

#### Hats

All students and staff are required to wear hats that protect their face, neck and ears e.g. bucket hats or slouch hats, whenever they are outside. Baseball or peak caps are not acceptable.

Students are encouraged to keep their hats at school so they have them available on days requiring sun protection.

#### Shade

Care is taken during the peak UV radiation times, and outdoor activities are scheduled outside of these times or in the shade where possible. Sports days and other outdoor events to be held earlier in the day where practical.

Students are encouraged to use available areas of shade when outside.

Students who do not have appropriate hats or clothing are asked to stay in the shade of the OSHC Shelter.

#### Curriculum

Programs on skin cancer prevention are included in the curriculum for all year levels.

Sun Smart behaviour is regularly reinforced and promoted to the whole school community through newsletters, school homepage, school assemblies, student messages and in student enrolment packs.

Staff and students will be able to access the UV rating by using a Sunsmart Widget on Sentral.

Student use of mobile phones and personal devices 1