

PLEASE REMEMBER that the Canteen offers two different menus- 'Monday to Thursday' and a separate 'Friday' menu.

MONDAY TO THURSDAY

V: Vegetarian VGN: Vegan
GF: Gluten free DF: Dairy free

Mini chicken wrap- with lettuce+mayo \$2.70
Maxi chicken wrap- with lettuce+mayo \$5.00

Potato gems OR Nachos (Corn Chips)
\$2.50

ADD TOPPINGS FOR .50 EACH

salsa/beans/cheese/sour cream

All above items are **Vegetarian and Gluten Free**

Hot Dogs- Plain \$3.20

Extras

Sauce: tomato/bbq/chilli + .30

Mustard + .30

Cheese + .50

SOMETHING DIFFERENT

Yiros:

Chicken, tzatziki, lettuce, tomato, onion. \$5.00

Sushi bowl:

Rice, nori (seaweed), lettuce, cucumber, carrot, sesame seeds, soy sauce, mayo **V** \$5.00

Mexican wrap:

Chicken, salsa, beans, cheese, sour cream \$5.00

BURGERS

\$4.50

Cheese + .50

Chicken: mayo, lettuce, carrot

Beef: sauce, lettuce, tomato

Fish: mayo, lettuce, carrot

HOT FOOD + SALAD PACKS \$5.00

Potato gems, lettuce, carrot, cucumber, tomato and buttered bread. Choose from

- Chicken dinosnacks
- Fish bites
- Vegetarian dim sims
- **GF** Chicken nuggets (no bread)

SANDWICHES- MONDAY to FRIDAY

START with Bread- white or wholemeal \$2.20

or a Wrap- white only \$2.70

or a Salad Bowl \$1.70

ADD Margarine if desired no cost

ADD EACH + .30

Vegemite/Gherkin/Pickled onion/

Sauce (tomato/bbq/chilli)/Mayo

ADD EACH + .50

Ham/Cheese/Lettuce/Carrot/Cucumber/

Tomato/Beetroot

ADD EACH + \$1.00

Egg/Chicken/Tuna

ADD Toasting if desired + .30

Macaroni Cheese \$4.40

GF Macaroni Cheese \$4.80

Pasta Bolognese **DF** \$4.40

GF/DF Pasta Bolognese \$4.80

Butter Chicken + Rice **GF** \$4.80

Honey Soy Chicken + Rice \$4.80

FRIDAY ONLY MENU

Pizzas: Cheese **V** \$2.50

Ham + Pineapple \$3.30

Party pies (2) \$2.30

Cruizer pie \$4.30

Gluten free Meat pie \$5.00

Sausage roll \$3.00

Vegetarian Pasty \$4.30

Add tomato sauce + .30

Macaroni Cheese \$4.40

Pasta Bolognese **DF** \$4.40

Butter Chicken + Rice **GF** \$4.80

GF Macaroni Cheese \$4.80

GF/DF Pasta Bolognese \$4.80

Honey Soy Chicken + Rice \$4.80

SNACK FOOD- Available everyday

Popcorn GF : air popped + lightly salted	
small .20	large .30
Choc chip biscuit (maximum of 2)	.80
Muffins: Apple/cinnamon or choc/banana	
small	.30
large	\$1.00
Jelly GF	\$1.00
Rice pudding GF	\$1.20
Custard	\$1.20
Jelly + custard	\$1.20
Chocolate mousse GF	\$1.20
Fruit cake VGN	\$1.20

DRINKS- Available everyday

Plain milk	\$1.20
Water: 600mls	\$1.50
Fruit juice:	
Apple/Orange/Apple+Blackcurrant	\$2.00
Fleurieu flavoured milk:	
Chocolate or Strawberry	\$2.30
Up & Go:	
Chocolate/Strawberry/Vanilla/Banana	\$2.00

FOOD ALLERGY: If your child has an allergy or intolerance, please inform the Canteen by writing on their lunch order or contacting us directly- 8295 3746. **For QKR orders**, if you include the allergy as part of the student's name/profile, this important information will be visible to the Canteen each time you order.



A variety of ice blocks are available from .30 (½ Quelch) to \$1.60 (Slushies). These cannot be ordered- students will need to line up at recess or lunch to purchase these items.

CANTEEN PHONE: 8295 3746

Manager: Caroline Coulter

Lunch orders can be placed through your child's classroom lunchbox or online via the **QKR** app. **QKR has a strict 9am deadline on the selected day. Ensure you select the correct day and proceed through to payment to correctly finalise your order.**

For any enquiries or problems, please contact the Canteen directly.
NOT the Office or your child's teacher.

Please use a **blue or black pen** (no gel pens or pencil please) and ensure student's **name and room number** are clearly written on the lunch bag.

Plain brown lunch bags are inexpensive and available from your local supermarket.

Envelopes, scraps of paper or plastic bags are not acceptable. Student's lunch will be returned in whatever is provided to the Canteen.

Please do not sticky tape or staple bags – fold several times to keep the money inside.

Reduced or low fat products are used throughout the menu where possible.

Thank you to Krista T. for naming our Canteen and providing a wonderful logo.