

**PLEASE REMEMBER that the Canteen offers two different menus- 'Monday to Thursday' and a separate 'Friday' menu.**

MONDAY TO THURSDAY

*V: Vegetarian VGN: Vegan*  
*GF: Gluten free DF: Dairy free*

Mini chicken wrap- with lettuce+mayo \$2.70  
Maxi chicken wrap- with lettuce+mayo \$5.00

Potato gems OR Nachos (Corn Chips)  
\$2.50

**ADD TOPPINGS FOR .50 EACH**

salsa/beans/cheese/sour cream

All above items are **Vegetarian and Gluten Free**

Hot Dogs- Plain \$3.20

Extras

Sauce: tomato/bbq/chilli + .30

Mustard + .30

Cheese + .50

SOMETHING DIFFERENT

Yiros:

Chicken, tzatziki, lettuce, tomato, onion. \$5.00

Sushi bowl:

Rice, nori (seaweed), lettuce, cucumber, carrot, sesame seeds, soy sauce, mayo **V** \$5.00

Mexican wrap:

Chicken, salsa, beans, cheese, sour cream \$5.00

BURGERS

\$4.50

Cheese + .50

Chicken: mayo, lettuce, carrot

Beef: sauce, lettuce, tomato

Fish: mayo, lettuce, carrot

HOT FOOD + SALAD PACKS \$5.00

Potato gems, lettuce, carrot, cucumber, tomato and buttered bread. Choose from

- Chicken dinosnacks
- Fish bites
- Vegetarian dim sims
- **GF** Chicken nuggets (no bread)

SANDWICHES- MONDAY to FRIDAY

**START** with Bread- white or wholemeal \$2.20

or a Wrap- white only \$2.70

or a Salad Bowl \$1.70

**ADD** Margarine if desired no cost

**ADD EACH + .30**

Vegemite/Gherkin/Pickled onion/

Sauce (tomato/bbq/chilli)/Mayo

**ADD EACH + .50**

Ham/Cheese/Lettuce/Carrot/Cucumber/

Tomato/Beetroot

**ADD EACH + \$1.00**

Egg/Chicken/Tuna

**ADD** Toasting if desired + .30

Macaroni Cheese \$4.40

**GF** Macaroni Cheese \$4.80

Pasta Bolognese **DF** \$4.40

**GF/DF** Pasta Bolognese \$4.80

Butter Chicken + Rice **GF** \$4.80

Honey Soy Chicken + Rice \$4.80

FRIDAY ONLY MENU

Pizzas: Cheese **V** \$2.50

Ham + Pineapple \$3.30

Party pies (2) \$2.30

Cruizer pie \$4.30

**Gluten free** Meat pie \$5.00

Sausage roll \$3.00

**Vegetarian** Pasty \$4.30

Add tomato sauce + .30

Macaroni Cheese \$4.40

Pasta Bolognese **DF** \$4.40

Butter Chicken + Rice **GF** \$4.80

**GF** Macaroni Cheese \$4.80

**GF/DF** Pasta Bolognese \$4.80

Honey Soy Chicken + Rice \$4.80

## SNACK FOOD- Available everyday

Popcorn <b>GF</b> : air popped + lightly salted	
small <b>.20</b>	large <b>.30</b>
Choc chip biscuit ( <b>maximum of 2</b> )	<b>.80</b>
Muffins: Apple/cinnamon or choc/banana	
small	<b>.30</b>
large	<b>\$1.00</b>
Jelly <b>GF</b>	<b>\$1.00</b>
Rice pudding <b>GF</b>	<b>\$1.20</b>
Custard	<b>\$1.20</b>
Jelly + custard	<b>\$1.20</b>
Chocolate mousse <b>GF</b>	<b>\$1.20</b>
Fruit cake <b>VGN</b>	<b>\$1.20</b>

## DRINKS- Available everyday

Plain milk	<b>\$1.20</b>
Water: 600mls	<b>\$1.50</b>
Fruit juice:	
Apple/Orange/Apple+Blackcurrant	<b>\$2.00</b>
Fleurieu flavoured milk:	
Chocolate or Strawberry	<b>\$2.30</b>
Up & Go:	
Chocolate/Strawberry/Vanilla/Banana	<b>\$2.00</b>

**FOOD ALLERGY:** If your child has an allergy or intolerance, please inform the Canteen by writing on their lunch order or contacting us directly- 8295 3746. **For QKR orders**, if you include the allergy as part of the student's name/profile, this important information will be visible to the Canteen each time you order.



A variety of ice blocks are available from .30 ( ½ Quelch) to \$1.60 (Slushies). These cannot be ordered- students will need to line up at recess or lunch to purchase these items.

## CANTEEN PHONE: 8295 3746

Manager: Caroline Coulter

Lunch orders can be placed through your child's classroom lunchbox or online via the **QKR** app. **QKR has a strict 9am deadline on the selected day. Ensure you select the correct day and proceed through to payment to correctly finalise your order.**

For any enquiries or problems, please contact the Canteen directly.  
**NOT the Office or your child's teacher.**

Please use a **blue or black pen** (no gel pens or pencil please) and ensure student's **name and room number** are clearly written on the lunch bag.

Plain brown lunch bags are inexpensive and available from your local supermarket.

**Envelopes, scraps of paper or plastic bags are not acceptable. Student's lunch will be returned in whatever is provided to the Canteen.**

**Please do not sticky tape or staple bags** – fold several times to keep the money inside.

Reduced or low fat products are used throughout the menu where possible.

**Thank you to Krista T. for naming our Canteen and providing a wonderful logo.**