

**PLEASE REMEMBER that the Canteen offers two different menus- 'Monday to Thursday' and a separate 'Friday' menu.**

## MONDAY TO THURSDAY

**V: Vegetarian**

**VGN: Vegan**

**GF: Gluten free**

Potato gems OR Nachos (Corn Chips)

**\$2.50**

**ADD TOPPINGS FOR .50 EACH**

salsa/beans/cheese/sour cream

All above items are **Vegetarian** and **Gluten Free**

**Mini** chicken wrap- with lettuce+mayo **\$2.70**

**Maxi** chicken wrap- with lettuce+mayo **\$5.00**

Hot Dogs- Plain **\$3.20**

### Extras

Sauce: tomato/bbq/chilli + **.30**

Mustard + **.30**

Cheese + **.50**

### SOMETHING DIFFERENT

Chicken yiros; tzatziki, lettuce, tomato, onion **\$5.00**

Sushi bowl: rice, nori (seaweed), lettuce, cucumber, carrot, sesame seeds, soy sauce, mayo **V \$5.00**

**TUESDAY ONLY SPECIAL:** Chicken Noodle soup served with a warm buttered bread roll **\$3.00**

### BURGERS

**\$4.50**

Cheese + **.50**

Chicken: mayo, lettuce, carrot

Beef: sauce, lettuce, tomato

Fish: mayo, lettuce, carrot

### HOT FOOD PACKS

**\$5.00**

Potato gems, mini corn cob, mixed vegies and a warm buttered roll. Choose from

- Chicken dinosnacks
- Fish bites
- Vegetarian dim sims
- **GF** Chicken nuggets (no bread)

**ADD GRAVY (V/GF) + .50**

Macaroni Cheese **V \$4.40**

Vegie Bake **V \$4.40**

Pasta Bolognese **\$4.40**

Lasagne **\$4.40**

Tomato Pasta **GF VGN \$4.40**

Butter Chicken + Rice **GF \$4.80**

## SANDWICHES- MONDAY to FRIDAY

**START** with Bread- white or wholemeal **\$2.20**  
or a Wrap **\$2.70**

**ADD** Margarine if desired no cost

**ADD** Vegemite/Mayo **EACH + .30**

Sauce (tomato/bbq/chilli)

**ADD** Ham/Cheese/Carrot/Tomato/  
Lettuce/Cucumber **EACH + .50**

**ADD** Chicken/Tuna **EACH + \$1.00**

**ADD** Toasting if desired **+ .30**

## FRIDAY ONLY MENU

Pizzas: Cheese **V \$2.50** Ham **\$3.00** Ham + Pineapple **\$3.30**

Party pies (2) **\$2.30**

Cruizer pie **\$4.30**

**Gluten free** Meat pie **\$5.00**

Macaroni Cheese **V \$4.40**

Lasagne **\$4.40**

Tomato Pasta **GF VGN \$4.40**

Sausage roll **\$3.00**

Vegetarian Pasty **\$4.30**

*Add tomato sauce* **+ .30**

Vegie Bake **V \$4.40**

Pasta Bolognese **\$4.40**

Butter Chicken + Rice **GF \$4.80**

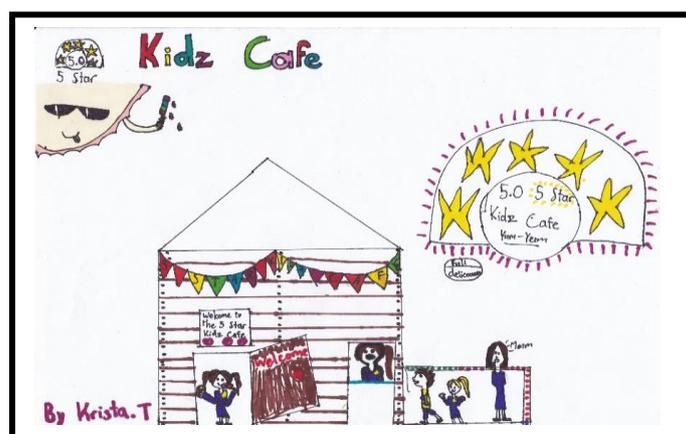
## SNACK FOOD- Available everyday

Popcorn <b>GF VGN</b> : air popped + lightly salted	
small .20	large .30
Choc chip biscuit ( <b>maximum of 2</b> )	.80
Muffins: Apple/cinnamon or choc/banana	
small	.30
large	\$1.00
Jelly <b>GF</b>	\$1.00
Rice pudding <b>GF</b>	\$1.20
Custard	\$1.20
Jelly + custard	\$1.20
Chocolate mousse <b>GF</b>	\$1.20
Fruit cake <b>VGN</b>	\$1.20

## DRINKS- Available everyday

Plain milk	\$1.20
Spring water 600mls	\$1.50
Fruit juice	\$2.00
Apple or Orange or Apple/Blackcurrant	
Fleurieu 300ml milk	\$2.30
Chocolate or Strawberry	
Up & Go	\$2.00
Chocolate or Strawberry or Vanilla or Banana	
Warm Milo	\$2.00
(to be collected from the Canteen)	

**FOOD ALLERGY:** If your child has an allergy or intolerance, please inform the Canteen by writing on their lunch order or contacting us directly- 8295 3746. **For QKR orders**, if you include the allergy as part of the student's name/profile, this important information will be visible to the Canteen each time you order.



**PLEASE DIRECT ALL ENQUIRIES OR CONCERNS DIRECTLY TO THE CANTEEN RATHER THAN TO THE OFFICE OR TEACHERS.**

**CANTEEN PHONE: 8295 3746**

Manager: Caroline Coulter

Lunch orders can be placed through your child's classroom lunchbox or online via the **QKR** app. **QKR has a strict 9am deadline on the selected day. Ensure you select the correct day and proceed through to payment to correctly finalise your order.**

**The Canteen is currently in the process of switching to more environmentally cutlery and packaging. Thank you for your patience and support with this transition.**

Please use a **blue or black pen** (no gel pens or pencil please) and ensure student's **name and room number** are clearly written on the lunch bag.

Plain brown lunch bags are inexpensive and available from your local supermarket.

**Envelopes, scraps of paper or plastic bags are not acceptable. Student's lunch will be returned in whatever is provided to the Canteen.**

**Please do not sticky tape or staple bags** – fold several times to keep the money inside.

Reduced or low fat products are used throughout the menu where possible.

**Thank you to Krista T. for naming our Canteen and providing a wonderful logo.**